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| **Title:** | **North Yorkshire Young People’s Providers and Partners Meeting** | | |
| **Date** | **Thursday 21 October 2021** | Time: | **14:00-16:00** |

**Meeting notes**

**Attendees: If you were at the meeting and not listed below as attended or vice versa please advise and we can update the record.**

Caroline O’Neill – Community First Yorkshire (Chair)

David Sharp - North Yorkshire Youth Ltd

Elizabeth McPherson - Carers Plus Yorkshire

Georgina Sayers, Communication and Engagement Manager, NYCCG

Ian Neale – Mind

Julie Arrowsmith – Door 84

Katie Thomas, York & North Yorkshire Local Enterprise Partnership

Lada Rotshtein – Healthwatch North Yorkshire

Laura Young - North Yorkshire Sport & North Yorkshire Together

Lisa Holden - Temenos - Bespoke Health and Wellbeing Services

Liz Meade – Stronger Communities, North Yorkshire County Council

Lorna Galdas - North Yorkshire Children and Young People Commissioning team, NHS North Yorkshire CCG

Louise Try – The Place in Settle

Matt Fisher - Selby Big Local

Melanie Fowler - North Yorkshire County Council Library Service

Paul Carswell - North Yorkshire County Council

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| **Item** |
| 1. **Welcome and Introductions and Notes from the last meeting - Caroline O‘Neill, Head of Policy and Partnerships, Community First Yorkshire**   Caroline welcomed everyone and thanked those who are delivering parts of the agenda. |
| 1. **Embedding Early Help within Community Networks - Paul Carswell – Group Manager Children & Families Service Early Help, NYCC and Liz Meade – Stronger Communities Delivery Manager, NYCC**   **– Presentation attached**   * Paul introduced himself and talked through a presentation on embedding early help within community networks. Contact for any questions [paul.carswell@northyorks.gov.uk](mailto:paul.carswell@northyorks.gov.uk) * The slides covered the [strategy](https://cyps.northyorks.gov.uk/sites/default/files/Children%20and%20family%20support/Early%20Help/76054%20Early%20Help%20Strategy%202019%20final.pdf), vision, aims, how this will be achieved and how the community offer with be developed which involves asking a lot of questions of ourselves and others. * Liz introduced herself and talked through a presentation on the role communities’ play within Early Help focusing on why it is important to do create the approach and how to do it. Liz highlighted the Darlington Trust’s Strategy emphasising the need to explore how local authorities can work with children, families and communities to develop their collective capacity to address the issues they face, provide case studies, not to underestimate what the networks and working together can achieve, do not get in the way of changes being made and provide support and resources, building on the local assets. * David Sharp (North Yorkshire Youth) spoke briefly about [North Yorkshire Together](https://northyorkshiretogether.co.uk/) as an example of VCSEs collaborative working. |
| 1. **North Yorkshire CCG Whole Pathway Commissioning Group for mental health services – Lorna Galdas - Senior Commissioning Officer, North Yorkshire Children and Young People Commissioning team, NHS North Yorkshire CCG** - Mental health services mini Marketplace presentation attached  * Lorna and Georgina Sayers, NYCCG Communications and Engagement, talked through the mini Marketplace presentation focusing on the communications and engagement strategy to promote a unified system of mental health services. The hope is to create a ‘brand’ to unite all services by the end of March 2022 and some suggestions were shared today.   **Questions for discussion - What would help you navigate the on-line information and system more easily? What are your thought of a unified brand and do you have any ideas?**   * ‘Go-Together’ suggestion liked by a couple of people. ‘Yor Mind’ makes people think of another York group. Healthy minds limits it to mental health, which is acknowledged as the primary focus, but taking a holistic approach is also always good. * The less clicks the better in terms of accessing information. Ensure it works on older formats phones. * Web developers advise three clicks max. Make action buttons easily available. * Need to ask young people what they think. * Link to ‘mind of my own’ app by the children in care team. * Appearance of the site itself - use of certain colours and not for those who maybe colour blind, and the same in terms of fonts, some more favourable to those with dyslexia. * Looks clear, colourful with good symbolism as well as words.   Please email Lorna directly [lorna.galdas@nhs.net](mailto:lorna.galdas@nhs.net) |
| 1. [**Growing up in North Yorkshire 2020 Survey reports**](http://healthyschoolsnorthyorks.org/resources/growing-up-in-north-yorkshire-survey-2020/) **– discussion of key findings**   Caroline provided an overview of the background on the survey and key findings:   * The survey was undertaken in August 2020. It is a large investment and commitment every two years to do this and provides a wealth of detail for everyone to use. * The picture is similar to 2018 when the survey was done previously. Young people in the county are resilient, emotional well-being is holding up well. * Good results around inclusivity and positive culture in schools, unsurprisingly as schools have had to rally during covid and support from young people to their schools. * On-line safety is identified as a new area of priority across the county. See the [Safeguarding Children Partnership](https://www.safeguardingchildren.co.uk/) website where there is useful guidance on this particular topic. * Healthy lifestyle continues to be a priority and has shown some improvement since 2018. Another new area is the implementation and delivery in schools of the statutory relationship and sex and health curriculum. 44% feeling generally positive and happy. 52% are getting enough sleep. * There is a section on Covid-19 and home learning. Of years 6 and 10 just over 50% say they are getting on better with their family but this means the other 50% may well not be. A lot have found it hard to stay in touch with friends during restrictions, lockdowns etc. * School culture and academic achievement – on the whole youngsters do not feel they can see how they have improved which could be related to different practices needing to be in place as a result of covid. * School teaching me to deal with feelings positively - KS3&4 almost doubled, up to 65%, reflecting the level of schools helping with emotional health. * Schools get individualised reports and as well as a county-wide report there are so district overviews. * David Sharp advised that at the Safeguarding board the following was highlighted: * more bullying being experienced by young people identifying as LGBTQ+ * risky behaviours linked to drugs and alcohol is evident.   **Action – All -** It would be helpful to know if anyone has used the data for funding bids, as the wider value is questioned – contact David Sharp [David@nyy.org.uk](mailto:David@nyy.org.uk) or [caroline.oneill@communityfirstyorkshire.org.uk](mailto:caroline.oneill@communityfirstyorkshire.org.uk)   * Caroline suggested it would be good if the council have a button to feedback on how the data is being used and will contact NYCC.   **Action – Caroline** to contactClaire Barrowman, NYCC   * For any comments and questions about the survey and reports contact Clare Barrowman [Clare.Barrowman@northyorks.gov.uk](mailto:Clare.Barrowman@northyorks.gov.uk) |
| 1. **Revisiting the Strategy to Tackle Loneliness -** [**Action Plan and resources**](https://www.communityfirstyorkshire.org.uk/our-work/our-projects/archive-projects/the-loneliness-campaign-north-yorkshire/) **– Caroline O’Neill**  * Caroline recapped on this piece of work that was issued in early 2020, which had a steering group that pulled together colleagues from around the county working across all sectors. Since then it’s been valuable and built upon. During the project itself a lot of resources were made available – posters, ideas of activities to do etc. * Request of the group today is to keep it alive and make use of these resources. The data in the strategy can provide evidence for funding bids. * Data from ONS is indicating that 25-45 year olds were feeling isolated more than older people. * Rurality does not help people reconnect with one another or attend social events. |
| 1. **Climate Change and COP26 conference November 2021 – Katie Thomas, Senior Strategy Manager, Low Carbon and Environment, York & North Yorkshire Local Enterprise Partnership -** presentation attached  * Katie talked through the presentation detailing plans for COP26, Net-Zero Plans covering the global, national, regional and local picture, and action which can be taken to meet the local 2038 targets and the Government goal of net zero by 2050. * The COP26 **TOOLKIT** for local authorities is useful for other organisations. * The LEP is collecting case studies – any interesting examples email [Katie.privett@ynylep.com](mailto:Katie.privett@ynylep.com)   Discussion:   * Lisa Holden asked if there were any initiatives to help people on low incomes. Katie advised that it is of concern that people who are unable to fund changes themselves often get left behind and the LEP is mindful of this in its submissions for funding to Government. * David Sharp asked where the money is going to come from to do some of these things outlined in the presentation. Katie advised that the LEP have capital funding but as there is a national review of LEPs and their role, it is not clear what capital and other funding there will be. There is an expectation that on the back of the Government Strategy further funding will come through linking with skills and training. * Caroline added the Shared Prosperity Fund due to be announced in 2022 may provide investment to support the changes needed. |
| 1. **Children Safeguarding Partnership – training and self-assessment update**  * Caroline advised that a short, easy to use safeguarding checklist is being drafted from a larger NYCC assessment document. Liz Lockey, Chief Officer, Hambleton Community Actions, who is on the adults safeguarding is drafting this and Community First Yorkshire and NYCC is providing links to guidance and resources for VCSEs. * David Sharp agreed to look over the draft. |
| 1. **Sharing information - service delivery**  * Ian Neale advised that they are almost becoming inundated with referrals particularly around self-harming concerns, in Richmondshire and Hambleton. The wait may be 5-6 weeks, for support when it was 2-3 week wait in the past. The need is for more funding and skilled volunteers and counsellors. * Lisa Holden added that she attends the TEWV Suicide Prevention partnership and this experience is across the board, and that sharing the load and collaborating with others is important. * Mel Fowler said that libraries have been provided wellbeing bags for adults to coincide with self-care week around 18 November. They are giving out self-care toolkits for young people 11-25 years, to help with lower level mental health support. The packs include mindfulness activities and gives information about where to go to for help. |
| 1. **AOB**  * Caroline advised that members of the group had asked for the group to be called children and young people’s meeting, as the conversation covers all ages. The name is being changes in response.   **Relevant research for reference:**  [**Rural Commission Report**](https://www.northyorks.gov.uk/north-yorkshire-rural-commission)  [**Yorkshire and Humber VCSE Economic and Social Impact Research**](https://humbercoastandvale.org.uk/2021/08/31/research-shows-big-difference-charities-social-enterprises-and-community-organisations-make-across-region/) |
| **Future meeting date: Wednesday 2 February 2022** |