

# Community Mental Health Transformation

## Working with the voluntary, community and social enterprise sector to transform the way people with mental illness are supported

We know access to mental health care and support isn't always easy. Assessment criteria and processes can create barriers, and demand on services and waiting times can result in people having to wait too long without the help or support they need.

### Working together to make a difference

As part of the NHS Long Term Plan, local communities are being encouraged to work together to deliver new, integrated community mental health care approaches. This includes health and social care, local authorities, emergency services, voluntary sector organisations and people with experience of mental illness.



Together, our aim is to improve the lives of people with mental illness and the way they're supported in their local communities.

NHS England/Improvement is providing funding over the next five years to help deliver this work, called The Community Mental Health Transformation Programme. This will ultimately give people greater choice and control over their care and help them to live well in their communities.

### A new approach

In North Yorkshire and York we want to look beyond traditional approaches to mental health and improve the way in which people receive care and support in their local communities.



We want to work together to make sure that people get the right care and support, first time, in a way that's right for them.

We also want to be able to make sure that locally based support is available straight away, even if someone is waiting for access to mental health services.

### This is where we need you!

## The role of the VCSE in Community Mental Health Transformation

We recognise not everyone may need a referral to NHS mental health services and those that do may also benefit from additional support, help and activities.

The local knowledge, contacts and experience the voluntary community and social enterprise sector (VCSE) can bring, is invaluable in helping to support local people with serious mental illness.



## Supporting people's wider needs

We know that people's mental wellbeing is largely determined by a range of social, economic, and environmental factors such as housing, employment, finances and their social circumstances.



The wide range of programmes and activities offered by the VCSE provide a great opportunity to offer alternative and innovative approaches to how local people are supported.

## Join us and help change the way local people are supported

The VCSE is an important partner within this programme to help improve the lives of local people and as a result funding will be available to help support VCSE organisations to work with us in changing the way we do things.

The North Yorkshire Community Mental Health Transformation Partnership are already working closely with a number of organisations within the VCSE and we'd like to invite you to join us.

To find out more about the programme and how your organisation can get involved please visit [www.tewv.nhs.uk](http://www.tewv.nhs.uk) and search 'community mental health transformation' or email [tewv.transformationnyy@nhs.net](mailto:tewv.transformationnyy@nhs.net)