



**Community Mental Health
Transformation**
Scarborough, Whitby and Ryedale

Access and Connect Micro-Grants 2023/2024

An opportunity to try to improve the quality of life for people with a serious mental illness, or people at risk of developing a serious mental illness, in Scarborough, Whitby and Ryedale (SWR) through access to early support from a variety of services.

Micro-Grants Guidance

Introduction

Funding has been made available by NHS England until March 2024 as part of the national Transforming Community Mental Health Programme.

This six-minute video explains the Community Mental Health Transformation and the differences the funding will make. <https://www.youtube.com/watch?v=8x-WxYcSBo8>

For the Scarborough, Whitby and Ryedale (SWR) area the **Access and Connect Fund** has been co-designed and established to test out new ways of involving service users/carers and people with lived experience of Serious Mental Illness (SMI) to work with service providers and partners in developing new approaches that improve access to local support for people living with or at risk of a developing a serious mental illness (SMI) and their Carers.

SMI is an umbrella term that covers a range of needs and diagnoses including, but not limited to psychosis, bipolar disorder, and personality disorder diagnosis, also known as Severe and Multiple Disadvantage, eating disorders, also known as disorder eating, severe depression and mental health rehabilitation needs – some of which may co-exist with other conditions such as frailty, cognitive impairments, neurodevelopmental conditions, neurodiversity or substance misuse.

Micro Grants – Investing and Deciding Together

Grants of between **£500 and £2,000** are available for local grass roots groups, micro-enterprises, start-ups and for lived experience initiatives.

The SWR Mental Health Group wishes to invest in small pilot approaches that will enable people with a serious mental illness to access information and/or early support both locally and more easily.

Process and decision making will be managed by an investment panel for the SWR Micro-Grants. This panel will provide opportunities for cross sector partnership working with representation from each sector VCSE, NYC, NHS, and from service user/carer/person with lived experience perspective.

Investment panel decision making must involve a minimum of three representatives and should include a minimum of one PWLE.

Applications for Micro-Grants should be made using the **Access & Connect – Application Form**.

1. Introducing the Scarborough Whitby and Ryedale (SWR) Mental Health Community Mental Health Transformation (CMHT) Group

A North Yorkshire and York Leadership Alliance has been established to manage the national investment and deliver transformation in North Yorkshire and York who have put in place five local delivery partnerships.

The SWR group covers the South & East Ryedale, Scarborough and Whitby localities in North Yorkshire, an area of truly diverse health needs. Membership of the group comprises people with lived experience, local voluntary sector, public sector, and NHS. The purpose of the group is to co-design and work together to co-deliver the national ambition to transform community mental health services over a ten-year period as described in the NHS Long Term Plan.

The group provides the initial control and direction for the development of a new local “SWR Mental Health Services Model” for Scarborough, Whitby, and Ryedale with the aim of improving access to local support for people with a SMI where they live. This will include clinical support (for example through local GP practices) and community-based support through the creation of Community Mental Health Hubs to bring together a variety of local services and organisations in a physical and / or a virtual space.

2. The SWR Ambitions

Our ambitions for people with a SMI or at risk of developing a SMI is for:

Improved and easy access to mental health support/help within local communities

A warm welcome – ‘no wrong door’ - and a person-centred approach.

A strengths-based approach that builds on or improves local community assets.

Improved collaborative working culture that increases connectedness and allows opportunities for resource sharing and co-locating staff.

Improved quality of life of people with an SMI, including support for individuals to contribute to and participate in their communities as fully as possible and to create or fulfil their individual hopes and aspirations.

Improved continuity of care and ensuring there is “no cliff-edge” in terms of community and clinical support.

Working towards developing a more flexible system that proactively responds to ongoing and changing care needs across sectors.

Working collaboratively across statutory (NHS, Local Authority) and non-statutory (Voluntary, Community, Faith Groups and Social Enterprises) organisations within the local health and care system, to tackle health inequalities and address the wider social factors which impact mental ill health.

Contributing to the development of a model of care based on inclusivity, particularly for people with co-existing, complex needs, who experience marginalisation.

3. The SWR Outcomes

The SWR group agreed a set of ten outcomes in September 2022. This fund is looking for projects to help deliver outcomes 1-8.

Outcome	
1	Provision and maintenance of quality and consistent information about local services, their capacity, and how and where to access or introduce to them.
2	Expanded range of locally accessible, co-created services which enable people with SMI to 'wait well' whilst accessing longer-term support.
3	Develop greater awareness within the wider community of the needs of people with SMI, including being more confident in speaking with them and offering initial support or help accessing services. Identifying and meeting different communication needs to achieve this.
4	Diversely advertised access to information about services - and how they can meet peoples' needs - within community settings that are closer to where they live and work.
5	Support and recognition for unpaid and/or unrecognised carers, resulting in improved outcomes for those they support, and reducing negative impact on their own wellbeing.
6	Improved community based therapeutic services offer that enables greater equity of access.
7	Provision of access locally to a trusted person who can help people with SMI navigate and benefit from services.
8	Develop an improved understanding of the needs of service users, staff and volunteers, in relation to the development of a Community Mental Health 'Hub'.
9	Improved governance for the SWR Community Mental Health Care Model, including new co-created Terms of Reference that enable greater clarity, equity and efficiency of decision making.
10	Appropriate resources for the VCS sector to enable the governance development work.

4. Micro-Grant Eligibility Criteria

- i. Micro-grants are open to a broad range of applicants including both existing and new community groups, new start-ups, micro-enterprises, sole-traders and for individual(s) with lived experience who perhaps have a totally new idea or concept they wish to test out with others within one or more of the localities.
- ii. The funding may be used to deliver a project based in any of the four localities:
 - Scarborough Core Primary Care Network area
 - Filey and Scarborough Primary Care Network area
 - North Riding Primary Care Network area
 - Whitby, Coast and Moors Primary Care Network area
- iii. For applications from individuals, you will need to provide us with details of a business or charity/community bank account for the grant to be paid into.
- iv. We recognise that investing in small or new groups may involve some additional risk. However, we want to include as many new ideas or concepts coming forward as we can as part of the transformation and therefore any successful applicant in this category will be supported by staff from **Community First Yorkshire** to mitigate any identified risks including developing policies and procedures.

5. How to Apply

All applications for Micro-Grants should be made on the **Access and Connect Micro-Grants Application Form**.

The applications will then be evaluated quarterly by a panel agreed with the SWR Governance Group including people with lived experience and further representation from the SWR CMHT partnership.

If you would like further information about the Access and Connect Fund or would like to discuss the submission of an application, please contact:

Lucy Artley-Swiers –CMHT Senior Project Manager lucy.artley-swiers@nhs.net

or

Paddy Chandler – Stronger Communities Delivery Manager, North Yorkshire Council, 01609 532265 email: paddy.chandler@northyorks.gov.uk

All completed applications should be submitted to tewv.transformationnyy@nhs.net