

Join us!




**AGE  
FRIENDLY  
NETWORK**

A Voice for North Yorkshire



**Contact us**

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 <https://bit.ly/AgeFriendlyNetwork>



Registered Charity No. 515538



EMPOWERED

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CONNECTED



It's your  
network



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# It's your network

## Help shape change

North Yorkshire's Age Friendly Network works with older people in our local communities - and the organisations that support them - to offer a golden opportunity to share individual views on the issues that really matter and make suggestions on how things could be improved.

With the Network regularly consulted by key decision-makers, members can actively help to shape change and encourage an age-friendly community where older residents can lead healthy, active lives.

As well as helping to influence service provision, members also receive six network newsletters a year - designed to keep everyone well informed on important issues and policy developments.

The Network is free to join and works to make sure members are more empowered, included and connected.



## OUR GOALS

- Promote active, healthy ageing
- Tackle loneliness & ageism
- Support social inclusion
- Provide infrastructure and services that are accessible, practical and suited to an ageing population.



# Join us!

## Let's start talking



Let's get the conversation started to help build momentum as we work to achieve more active, engaged and thriving communities.

If you'd like to get involved, it's free and easy join the Network as an individual or an organisation working with older residents in the community. Go online, find us on Facebook, send us an email or give us a call - please see contact details on the back cover.

Join us today and make the most of the opportunity to feed in your questions and points of view to an increasingly influential group, representing real people across North Yorkshire.

Visit our website for more information and to become a member. Simply scan the QR code below using your phone or tablet camera to get started.



Find us on Facebook too - search for 'Age Friendly Network North Yorkshire'.

