

NORTH YORKSHIRE CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH TRANSFORMATION PROGRAMME

Welcome to our new e-Bulletin! This will provide regular updates on how the North Yorkshire Children and Young People's Mental Health Transformation Programme is progressing. This is a time limited tri-funded programme with North Yorkshire Council, Tees, Esk & Wear Valleys NHS Trust and Humber and North Yorkshire Integrated Care Board (ICB). The eBulletin will provide updates on work and will also contain some ways to get involved via QR codes.

In the past 3 months, the programme has completed the initial consultation period (having held more than 60 interviews) and identified the key priorities (which are explained below).

We are now moving onto scheduling workstreams, writing proposals and doing the **doing!**

Everything happening in the transformation will come under the below three themes:

One Cohesive Workforce



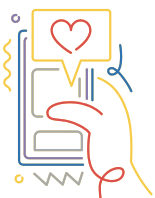
The 'one cohesive workforce' priority recognises how isolating and lonely some roles can be and the idea is to bring everyone passionate about children's emotional wellbeing together, with a shared culture, language and training offer. We want to create shared goals and shared outcomes to know we are making a difference to our families' lives.

Right Support at the Right Time, with the Family at the Centre



We recognise that children's emotional wellbeing cannot be supported in isolation; we need a whole family and whole community approach with early intervention and meaningful connections at its centre. We aim to make referral pathways and school support easier to navigate, while creating ways to avoid escalation into clinical services and creating softer landings for people leaving services. For our young people, who are experiencing significant distress, we are working closely with the specialised provider collaborative to meet their needs.

Needs-Led, Accessible Support



This priority focuses on accessibility with regard to time, place and need. We want to create a directory of spaces which can be used across North Yorkshire to bring support to families. We will work towards a truly inclusive emotional wellbeing system, working with our lived experience experts to create this. We also will develop the Go-To website to truly develop a one-stop shop of emotional wellbeing and mental health support.



We want to bring support / appointments closer to families! Do you have spaces that other system colleagues could use to work with our North Yorkshire families?

We will update you in the next issue with how some workstreams are progressing. In the meantime, please get in touch if needed.

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We want to expand the Go-To website to include more activities and early intervention - would you like your service or activity information on the Go-To website?